TORPOINT NEWSLETTER







Autumn 2026

Torpoint Town Council

Torpoint Town Partnership

From The Mayor's Parlour



Welcome to this quarter's newsletter, I hope all residents have had a lovely summer and enjoyed the good weather. As I write this we are still enjoying day time temperatures in the late teens and mild nights, long may this continue.

This edition continues with the Focus on Businesses theme and I have been really surprised at the number of thriving businesses there are in our town and the range of goods and services on offer. I urge you to have a good look through and maybe next time you need to go to Plymouth to get something, consider whether one of our local businesses may be able to offer what you need instead.

The Town Council was disappointed to learn recently that Cornwall Council had ceased funding the Youth Service which was running a Youth Club once a week at the Torpoint Families Centre with Action for Children via Kernow Connect. The Town Council were approached by the Torpoint Artists Collective who had drafted a short term recovery plan and the Council were pleased to be able to financially support this in an effort to retain the service for the Town's young people whilst a more sustainable solution is sought.

Residents received positive news from the Community College at the beginning of September that the Sports Hall is going to be re-opened and available for community use outside of school hours. The Town Council and the College are currently considering a joint operating model proposal in order to bring the long awaited 3G Pitch Project to fruition. I am hoping to be able to share some news on this very soon.

In this Newsletter there are also welcome updates from the Royal Naval Association, the Diverse Advisory Panel and the new Armed Forces Hub which is being run out of our Library and Community Hub. There are also the Diary Dates detailing evets happening in our town and the back cover reminds us that it's not that long until the man in the red suit will be with us! I am holding a Halloween Dance on Saturday 31st October raising money for the Torpoint Skatepark Project and Cornwall Air Ambulance. Please contact the office if you would like to book tickets. I hope you find this Newsletter informative. Please provide any feedback to the Town Council by emailing admin@torpointtowncouncil.gov.uk.

Scan QR to view TTC website

Kind regards
Councillor Julie Martin
Town Mayor

DIARY DATES

October 2026

Thursday 22nd
TORPOINT LADY SINGERS CONCERT
St James Church | 7:30pm
Three Choir Concert: Torpoint Lady Singers, Rame Peninsula Male Voice Choir, Reflections, proceeds to RBL Poppy Appeal. free admission

Saturday 24th
AUTUMN SPRING CLEAN
Organised by Friends of Thanckes Park, meet at Bénodet Walled Garden 9.45am, tools and equipment provided

Sunday 25th
TORPOINT STREET MARKET
Fore Street | 10.00am – 3.00pm
torpointmarkets@gmail.com

Friday 30th
FRIENDS OF THANCKES PARK – HALLOWEEN IN THE PARK!
Bénodet Walled Garden | 10.30am – 12.30pm
contact: friendsoftp2018@gmail.com

Saturday 31st
HALLOWEEN EVENING
in aid of the Mayor's Charity, hot food, dancing and bar, £25.00 per ticket details to follow

November 2026

Sunday 1st
HALLOWEEN FASHION SHOW,
St James Church Hall (Beat4autism)

Sunday 1st
TORPOINT COMMUNITY CINEMA
Sing Thriller and Toy Story of Terror | 12.30pm
The Witches | 1.30pm
Mothers Pride | 4.00pm
torpointcommunitycinema@gmail.com

Saturday 7th
CHRISTMAS NOT CHRISTMAS FAYRE
Council Chambers | 10am – 2pm
(Local craft sellers, £10 per table)
free entry, raffle, refreshments
contact: friendsoftp2018@gmail.

Saturday 7th
TORPOINT SCOUTS BONFIRE NIGHT
Thanckes Park
jenny2ndtorpointscouts@gmail.com

Sunday 8th
REMEMBRANCE SUNDAY

Wednesday 11th
AMISTICE DAY

Saturday 14th
SWAG MAKING WORKSHOP
Council Chambers | 10am – 3pm
torpointtownpartnership@gmail.com

DIARY DATES CONT'D

November 2026

Friday 20th
FRIENDS OF THANCKES PARK RAG WREATH WORKSHOP
Torpoint Bowling Club, 6.30pm for 7.00pm start £15 per person, over 16 year olds only
contact: friendsoftp2018@gmail.com

Saturday 21st
FRIENDS OF THANCKES PARK NATURAL CHRISTMAS GARLAND WORKSHOP
Torpoint Bowling Club, 6.30pm for 7.00pm start £15 per person, over 16 year olds only
contact: friendsoftp2018@gmail.com

Saturday 21st
LANTERN MAKING AND 'DECORATE A GINGERBREAD HOUSE'
Council Chambers | 10.00am – 3.00pm
torpointtownpartnership@gmail.com

Monday 23rd
START OF SANTA'S SLEIGH!
Torpoint and Rame Peninsula Lion's Club.

Saturday 28th
TORPOINT SCOUTS CHRISTMAS BREAKFAST
Council Chambers
jenny2ndtorpointscouts@gmail.com

Saturday 28th
CHRISTMAS MARKET
Cornerstone Church | 2pm

Saturday 28th
TORPOINT CHRISTMAS LIGHTS SWITCH ON EVENT !

Sunday 29th
TORPOINT STREET MARKET
Fore Street | 10.00am – 3.00pm
torpointmarkets@gmail.com

Sunday 29th
CHRISTMAS CRAFTERNOON
St James Church Hall | 1pm - 4pm
(Beat4autism)

December 2026

Wednesday 2nd & 16th
LATE NIGHT SHOPPING
Beat4autism | 5pm - 7pm

Saturday 5th
CHRISTMAS IN THE PARK
Bénodet walled garden | 10am -2pm
Santa, local music groups, free activities
friendsoftp2018@gmail

Friday 11th - Sunday 13th
MAGICAL CHRISTMAS GROTTO
Beat4autism

Saturday 12th
TORPOINT LADY SINGERS CONCERT
Council Chambers | 7.30pm
Torpoint Lady Singers and guests, a Christmas celebration, proceeds to SW Blood Bikes
free admission

Saturday 12th
RBL CHRISTMAS DINNER
jptivnan@aol.com

Sunday 13th
TORPOINT COMMUNITY CINEMA
Polar Express | 3.00pm
torpointcommunitycinema@gmail.com

Friday 18th
DAN TRAVEL
Festive convoy of buses, coaches and minibuses through the town raising money for Man Down UK.

January 2027

Thursday 21st
ROYAL MARINE BAND CONCERT
Cornerstone Church - details to follow

February 2027

Thursday 4th, Friday 5th
Saturday 6th, Sunday 7th
TORPOINT PLAYERS PRESENT
SNOW WHITE AND
THE SEVEN DWARFS
details to follow

Saturday 13th
TORPOINT TOWN MAYOR'S
CHARITY BALL
Council Chambers | 6.30pm for 7pm
details to follow

Third Thursday of each month
TORPOINT COUNCIL MEETING
Committee Room | 7pm
An open forum will precede the meeting. Additionally, members of the public wishing to put a question to the council can do so, 24hrs prior to the start of the meeting, in writing to the Clerk.

Last Sunday of each month
SUSTAINABLE SUNDAYS & REPAIR CAFÉ
Torpoint Library & Community Hub | 10am -1pm
Torpoint Environmental Action Repair Café
The Toolbox Team will be present for small repairs to household items & the Sewing Repair Team for any sewing repairs.

Fourth Wednesday of every month
TORPOINT & RAME U3A
Council Hall | 10am – Midday
https://torpoint.u3asite.uk/

First Friday of every month
ARMED FORCES VETERANS BREAKFAST CLUB
Carbeile Inn | 9.00am £10 each
prideauxcolin97@gmail.com

Please note that dates are subject to change.
To add an event to this diary please email
admin@torpointtowncouncil.gov.uk



TORPOINT

DIVERSE ADVISORY PANEL

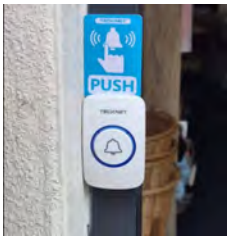
Working together to improve accessibility for all

September update: celebrating progress and looking ahead

During our September meeting, DAP members took some time to reflect on previous achievements at improving accessibility within our town:

ACHIEVEMENTS

- Accessible playpark equipment installed.
- Disabled persons drop-off point introduced at Bénodet Park.
- Rail for disabled toilet ramp at Bénodet Park installed.





INCLUSIVE PARTNER STICKER & DOORBELL SCHEME

September also saw the launch of the Torpoint Inclusive Partner Sticker scheme and doorbell. All local businesses and organisations that signed the pledge have now received their sticker and doorbell to increase accessibility for all.

NEW RECRUITMENT NOTICE — COMING SOON

We are looking to launch a young person Diverse Advisory Panel to ensure we are including our disabled young people's views and voices within our meetings and future plans!

WE'D LOVE TO HEAR FROM YOU!

A DAP suggestion box has been placed within the Library and Community Hub for anyone who wishes to share their views on improvements to accessibility within our town.



Your ideas and experiences can help make Torpoint more accessible.

Torpoint & Rame Branch Royal Naval Association

Autumn is almost upon us. To many people, the cooler temperatures will be a welcome relief, after the record-breaking heat wave of the summer. The final three months of the year are, in some ways, the busiest in the RNA calendar.

On 20th September, the Torpoint & Rame Branch were represented at the Mayor's Civic Parade and Service. Our Standard Bearer, Shipmate Chris Davies, paraded the Branch Standard at this important annual event.

October is a highly significant month in Royal Navy circles. On 21st October, 1805, the British Fleet, under the command of Vice-Admiral Horatio Nelson, defeated the combined fleets of France and Spain, thus averting the threat of a French invasion of Great Britain. It was a great victory, marred by the death of Admiral Nelson. The Branch holds an annual, formal Trafalgar Night Dinner, to commemorate the battle and to toast the Immortal Memory of Nelson. This year's "Traf Night" will be held on 24th October at Torpoint Athletic Football Club.

Remembrance Sunday will be observed, by the Community of Torpoint, on 8th November. Again, the RNA Branch will be represented by our Standard Bearer and several Members. The Branch President, Shipmate Steve Kerchey, will lay a wreath at Elliot Square, while Honorary Secretary Shipmate Paul Carter will do so at Horson Cemetery.

Although this article is written in September, it seems that Christmas is almost upon us. The Branch Christmas Draw will take place on Friday, 18th December. The draw is organised and managed by Social Secretary, Shipmate Mike Temple. Tickets are purchased throughout the year, and the accumulated funds results in many good quality prizes are up for grabs!

Membership is key to the success and longevity of the Branch and new members are always welcomed. If you would like to find out more about the Royal Naval Association and the Torpoint & Rame Branch, please email S/M Paul Carter at paulcrtr@btinternet.com.



Armed Forces Hub





Veterans Regroup CIC has launched a new monthly Armed Forces Hub at Torpoint Library and Information Service.

The hub provides a welcoming, informal place for veterans, serving personnel, reservists and military family members to meet others from the Armed Forces Community, enjoy a brew and some friendly banter, and access free information, advice and support.

A range of military charities, community organisations and public services attend the hubs, offering support with areas such as housing, finances, employment, health and wellbeing.

People do not need to have a particular problem or support need to attend. Anyone connected to the Armed Forces Community is welcome to drop in for companionship, information or an informal chat, without an appointment.

The Torpoint Armed Forces Hub takes place from 10am to 12 noon on the second Tuesday of each month, excluding school holidays.

For more information, contact Veterans Regroup CIC at support@veteransregroup.co.uk





Defibrillator (AED) With Community Access

Please take a few moments to understand the location of the one nearest to you

A loved one may need it one day



KEY

Staff Operated AEDs Also Located At Penntorr Health & The Dentist

When Open

24/7

Community Events Bookable

The nearest Defibrillator to here is located

Supporting Torpoint's Local Shops & Traders

AIRTIGHT STORAGE SOLUTIONS
Unit B2, Trevol Business Park, PL11 2TB
Self Storage services
0330 122 9002

ALLIED PHARMACY
Trevol Business Centre, Penntorr Health, PL11 2TB
01752 374758
Monday – Friday 8:30 – 18:30
Saturday – 9:00 - midday

ANDY'S MOBILE AUTOS
Trevol Business Park
07762099930
Monday – Thursday – 8:30 – 16:00

BEST YOU CLINIC
Unit B1, Trevol Business Park, PL11 2TB
01752 922131
www.bestyouclinic.co.uk
Medical Aesthetics Clinic
Wednesday & Thursday – 11:00 – 20:00
Friday – Midday – 20:00

BR AIRSOFT
Fisgard Way, PL11 2TB
07919178844
The largest dedicated airsoft shop in the South West
Monday - 17:00 – 20:00
Tuesday – 14:00 – 18:30
Thursday & Friday – 10:00 – 20:00
Saturday – 10:00 – 18:00

BUDS WASTE
Fully licensed and insured domestic and commercial waste removal and clearance company based in Torpoint, Cornwall, covering Plymouth and the surrounding area. 07340 473999

CARBEILE INN
Trevol Road, PL11 2NJ
01752814102
Monday – Saturday – 11:00am – 23:00
Sunday – Midday – 23:00

Kitchen opening times :
Monday – Thursday - Food served midday – 15:00 re-opening 17:00 – 21:00
Friday – Saturday - Food served all day 11:00 – 12:00
Sunday - Food served Midday – 19:00

CJM UPHOLSTERY SERVICES
Unit 17, Trevol Business Park, PL11 2TB
07515436994
cjmupholstery@googlemail.com

CORNISH MASSAGE & WELLBEING
Enterprise Court, Marine Drive, PL11 2EH
07921508171
www.cornish-massage.co.uk
Clinical Massages for Acute & Chronic Conditions including Oncology Specialist Therapies, Muscle Pain, Injury Rehabilitation, Pregnancy Strain.
Monday – 09:00 – 16:00
Tuesday – 09:00 – 19:00
Thursday & Friday – 09:00 -16:00

CORNISH PIXIES NURSERY

Unit 5, Trevol Business Park, PL11 2TB
07751789360
www.cornishpixiesnursery.com
cornishpixies25@hotmail.com
An independent setting providing care for children within Torpoint and surrounding areas.
Monday – Friday – 08:00 – 17:00
Limited spaces for Early Birds (7:30) and Night Owls (17:30)

COSTCUTTER

49 Trevithick Avenue, PL11 2PX
01752 814560
Monday – Friday – 07:00 – 20:00
Saturday – 08:00 – 20:00
Sunday – 09:00 – 20:00

CREATE SIGNS

All types of signage / boats / vans / shops - illuminated & non illuminated - banners stickers print
Monday – Friday – 08:00 – 17:00
07540 972778

CWC SOLICITORS

Unit 23-25, Enterprise Court, Marine Drive, PL11 2EH
01752 931004
www.cwcsolicitors.co.uk
Monday – Friday – 09:00 – 17:00

E & R SW LTD

Unit B3, Trevol Business Park, PL11 2TB
01752 812887
info@eandrsw.co.uk
www.eandrsw.co.uk
Providing commercial and domestic electrical services across Devon and Cornwall.

FEARN'S AUTOCARE

3B Trevol Business Park,
Torpoint, PL11 2TB
07940 541252
We offer all servicing and repairs, pre mot checks, diagnostics, exhausts, clutches, engines, tyres and much more.
Monday to Friday 0800-1800.
Saturday 0800-1600
Sundays by appointment only pre booked.

FULL HOUSE CATERING

The Mill, Mill Lane, Torpoint
Local takeaway and catering services for all events.
To order or enquire please call 07531508850 or pop in during opening hours.
Tuesday, Wednesday, Friday - 18.00 -21.00
Saturday - 14.00 - 20.00

HILLS DETAILS

Unit 11 Frobisher Way, Trevol Business Park, PL11 2TB
07480344004
hillsdetails@gmail.com
www.hillsdetails.co.uk
Luxury Automotive Valeting and Detailing

HUGGINS BROTHERS MARINA GROUP

Carbeile Wharf, Mill Lane
Marine operators and property developments
01752 813279
www.hugginsmarine.com

JACK AND JILL'S CHILDCARE

Trevorder Road, PL11 2NS
01752 812970
jackandjills@rnpslo.co.uk
www.jackandjillschildcare.co.uk
Providing quality childcare facilities to service, ex-service, veteran, and civilian families, ensuring all children are safe and stimulated through play.
Monday – Friday – 07:45 – 16:15

J.W.H WELDING

Trevol Business Park, Unit 3, Drayton Mere Court, Fisgard Way, PL11 2TB
Auto Repairs, Custom Fabrication, Bespoke Exhuast Manufacturing, Rust Repair, General Fabrication Work
07521144267
Monday – Friday – 9:00 – 17:00
jwhweldinginfo@gmail.com

KTG CARAVANS

Trevol Business Park, Drayton Mere Court, Fisgard Way, PL11 2TB
01752 424448
www.ktgcaravans.com
hello@ktgcaravans.com
KTG Caravans is a UK-based, family-run caravan specialist with over 15 years' experience across buying, selling, insurance salvage, export and storage.

LAUND-A-PET

Unit 9, Trevol Business Park, PL11 2TB
A well-established dog grooming company that has built up an enviable reputation over the last 10 years.
To book an appointment, please call.
01752 815939

LITTLE MOPS

Unit 3, Dolphin Court, Trevol Business Park, PL11 2TB
01752 813900
sales@littlemops.co.uk
www.littlemops.co.uk
Cornwall's cleaning product specialists

MAGPIES CAFÉ

Carbeile Wharf, Mill Lane, PL11 2RE
01752 816057
Monday – Friday - 8:30 – 14:30
Saturday – 9:30 – 13:00
Open occasional Sundays for roast dinner

MB BEAUTY THERAPY

Discovery Court, PL11 2AG

MONDAY	On request
TUESDAY	9am - 2:45pm
WEDNESDAY	9am - 8:30pm
THURSDAY	9am - 2:45pm
FRIDAY	9am - 5pm

MOTHER'S RUIN 1751 DISTILLING CO.

Enterprise Court, Marine Drive, PL11 2EH
07545 537880
www.mothersruin1751.co.uk
info@mothersruin1751.co.uk
Mother's Ruin 1751 offers Cornish Gin and Rum, most well-known for their flagship Gin, Cornish Blue Flamingo.

MYDENTIST

125 Antony Road, PL11 2JY
01752 812894
Monday – Wednesday 09:00 – 17:30
Thursday – 09:00 – 19:00
Friday – 09:00 – 17:30

PANACHE GALLERY AND GIFTS

Gift shop and art gallery
Island House, Antony, PL11 3AB
07972 337210
jan@panachegallery.co.uk
www.panachegallery.co.uk
Contact: Jan Ferguson

PHANTOM VEHICLE BODY REPAIR & REFINISHING LTD

Unit 2b, Trevol Business Park, 4 Fisgard Way, Trevol Rd, PL11 2TB
07392627310
All aspects of vehicle bodywork repairs undertaken, fully qualified with over 20 years experience.

PHILIPS MOT CENTRE

Trevol Business Park, Unit 13 Fisgard Way, PL11 2TB
01752 816566
Servicing & Repairs. Free MOT Retests.
Monday – Friday - 7:00 – 18:00

PIDGEN & SON FUNERAL SERVICE

4, Trevol Business Park,
Fisgard Way, PL11 2TB
Office Hours:
Monday to Friday, 10am to 4pm.
24 Hour Telephone Service
01752 812479

RAME FRAMING

Picture framing service and sale of pictures and gifts
Island House, Antony, PL11 3AB
07954 002441
rameframing@gmail.com
www.panachegallery.co.uk
Contact: Mike Ferguson

RICHARDS BUILDERS MERCHANTS LTD

Trevol Business Park, Pl11 2TB
01752 812936
www.richardsbuildersmerchants.co.uk
Monday – Friday - 08:00 – 17:00
Saturday - 08:00 – 13:00

RS PAINTWORKS LIMITED

Unit 10, Trevol Business Park, 4 Fisgard Way, Trevol Rd, PL11 2TB
Vehicle Paint and Body Repair Specialists
sam@rspaintworks.ltd
www.rspaintworks.ltd
07383359873

R W CARTER GROUNDWORK & EXCAVATIONS

01752 812013
Experienced in all aspects of Groundworks from excavation & demolition services; civil engineering and road construction for major contractors; drainage and kerbing solutions.

SAIL SHADES DIRECT: SAIL SHADES UK

The Sail Loft, Ferry Street, PL11 2AX
01752 816125
jamie@sailshadesdirect.co.uk
www.sailshadesdirect.co.uk
Producing a range of bespoke systems from a simple sail to the complete outdoor pergola.

SPAR Torpoint

2 Trevol Road, PL11 2LR
01752 815565
Monday – Sunday – 07:00 – 22:00

Supporting Torpoint's Local Shops & Traders

SHEARWATER MARINE SERVICES Ltd (South)

2 Carbeile Road, PL11 2EA.
Diving and marine engineering specialists, offering a comprehensive range of solutions above and below the waterline.
01369 705 949
info@shearwatermarine.co.uk
www.shearwatermarine.co.uk

SPICE AROMA RESTAURANT AND TAKEAWAY

2 Trevol Rd, Torpoint PL11 2LR
Phone: 01752 816156
Monday: (Bank holidays only) 17:00- 23:00
Tuesday – Sunday - 17:00- 23:00

TAMAR LOUNGE (RESTAURANT)

(@ Torpoint Mosquito Sailing club)
Monday - Closed
Tuesday - 1830-2100
Wednesday - 1200-1500, 1830-2100
Thursday - 1200-1500, 1830-2100
Friday - 1200-1500, 1830-2100
Saturday - 1200-1600
Sunday - 1200-1600
Please contact Jenny on 07946035566 or email - thetamarlounge@gmail.com

TORPOINT 24/7 GYM

Open 24/7 but we are staffed:

MON	09:00-12:00 AND 15:30-20:00
TUE	09:00-12:00 AND 15:30-20:00
WED	09:00-12:00 AND 15:30-20:00
THUR	09:00-12:00 AND 15:30-20:00
FRI	09:00-12:00 AND 15:30-20:00
SAT	08:00-13:00
SUN	08:00-13:00

TEC MARINE REFINISHING

tecmarinerefinishing@icloud.com
07393 287130
All marine repairs and refinishing work.

TORPOINT AFC - The Mill

Mill Lane, PL11 2RE
www.torpointafc.co.uk/a/social-club-56223.html
socialclub@torpoint.co.uk
01752 812889
Torpoint AFC the perfect party venue – Weddings, Birthday Parties, Christenings, Corporate Events, Wakes & All Other Occasions – Check out social media for the upcoming events calendar

TORPOINT BRAZILIAN JIU JITSU (TORPOINTBJJ)

www.torpointbjj.co.uk
Tuesdays - Kids and Teens 1730 – 1815 // Adults Gi class 1830 - 2000
Wednesdays - womens only Gi 1730 – 1830 // Adults no gi 1830 - 2000
Thursdays - Kids and Teens 1730 – 1815 // Adults Gi and no gi fundamentals 1830 – 2000
Operating out of the function room at Torpoint football club.

TORPOINT CARPETS AND FLOORING

Unit 2A, Trevol Business Park, Torpoint PL11 2TB
01752 813530
www.torpointcarpets.com
The premier destination for flooring supply and fitting services in Cornwall and Devon. Step inside the showroom and discover a world of possibilities.

TORPOINT COUNSELLING

(BACP Registered)
07961017194 (Emma Thornton)
emmajd8@aol.com
Counselling Face to face, Online telephone, Online video
Monday 0800- 19:00
Tuesday 08:00- 19:00
Wednesday 08:00- 19:00
Thursday 08:00- 19:00
Friday 08:00-19:00
Saturday 09:00- 14:00
Sunday 09:00-14:00

TORPOINT FITNESS & STRENGTH GYM LTD

Trevol Business Park, Trevol Road, PL11 2TB
07375869768
The BEST equipped gym in the Rame - OPEN 7 DAYS A WEEK - No walk-ins by appointment only (call, message or check social media to enquire)

TORPOINT MOT & TYRES LTD

4/5 Dolphin Court, Trevol Business Park, PL11 2TB
01752 659619
www.torpointtyres.co.uk
Monday – Friday – 08:00 – 17:00
We're an established local business offering a drive in and an internet booking service.

VT CONSTRUCTION SW

VT Construction are a small building & carpentry contractor based in Torpoint covering SE Cornwall
07712 640451
vtconstruction.sw@gmail.com

TORPOINT MOSQUITO SAILING CLUB

BAR OPEN TO NON-MEMBERS

Monday,	1200-1430, 1800-2300
Tuesday,	1200-1430, 1800-2300
Wednesday,	1200-1430, 1800-2300
Thursday,	1200-1430, 1800-23:30
Friday,	1200- midnight
Saturday,	1200- midnight
Sunday,	1200-2230
Christmas Day	1200-1400
Boxing Day -	Closed

New Years Eve, 1200-1500, 1800-late
New Years Day. 1200-2000.
Please note - if the club is not busy in the evening, the staff will close earlier than advertised above.

WESTCOUNTRY BAKERY

Unit B2, Trevol Business Park, PL11 2TB
01503 240717
Monday – Friday – 08:00 – 14:00
www.westcountrybakery.co.uk
Premium traditional local bakers serving Devon and Cornwall.

WINCHURCH TRANSPORT AND FULFILMENT LTD

01752 914750
Family run solutions for your Transport, Fulfilment and Warehousing Needs.
Warehouse opening times are Monday-Friday 0900-15.00
You can contact us via email or phone call 24 hours a day!
louise@winchurchtransport.co.uk
www.winchurchtransport.co.uk

Torpoint Library and Community Hub Schedule

Monday

Quiet Library
Café open as normal
Book Club 11am
12pm (first Monday of the month)

Tuesday

Armed Forces Support, Veteran Regroup 10-12 (2nd Tues of the month)
Awenek Art 4 Wellbeing 9:30-10.30am session and11am-12pm session (weekly)
LEGO Club 3.30 - 4.45 (weekly)

Wednesday

Rhyme Time 10-11 (weekly)
Council Tax and Housing Benefit Support 10-12 (weekly)
Friendship and musical memory singing group 1-3 (weekly)
Police Drop-in 11 am (1st Wed of the month) and 2 pm (3rd Weds of the month)

Thursday

Basic Advice and Sign Posting Support 10-12.30(weekly)
Knit and Natter 1-4pm Drop-in (weekly)

Friday

Quiet Library
Café open as normal
Art Club 10-12 (weekly)

Saturday & Sunday

Saturday opening 10-12 (2nd Sat of the month)

Sunday opening and Sustainable Sunday and Repair Cafe 10-2 (last Sunday of the month)

Open Mon - Fri 9:15am - 4:30pm Please email or call with enquiries: 01872 322073
torpoint.library@cornwall.org.uk

Torpoint foodbank
Neighbours helping neighbours

Good food makes a difference

We're here to help

The Torpoint Foodbank provides emergency food parcels to individuals and families in need.

Opening Hours

Wednesday	10:30 – 13:30
Thursday	13:30 – 16:30
Friday	09:30 – 12:30

Vouchers required – from Torpoint Library

Venue
Cornerstone, Torpoint

Real support. Local people. Stronger together.



Torpoint Library & Community Hub

Stroke Support Group

The 2nd Thursday of the month.
10am to 11am

Come along for an informal chat and cuppa



Mayor's

HALLOWEEN DANCE

18+

In aid of the Mayor's Charity supporting the Torpoint Skatepark Project and Cornwall Air Ambulance

Saturday 31st October

7:30pm | Council Chambers

Hot Buffet

Fancy Dress Encouraged

Dancing to THE TYRNS

£25 per Head

To Book Please Email
admin@torpointtowncouncil.gov.uk

GRACE & Glamour

BEAUTY • SKIN • WELLBEING

A haven of calm in the heart of Torpoint. Expert treatments, premium products and a personal touch – every visit is all about you.

You deserve this.

Book Online VIA FRESHA

New!

MASSAGE	FACIALS	JAPANESE HEAD SPA	JAPANESE FOOT SPA	SKIN BOOSTER	WAXING	MANI / PEDI
Relax, unwind & restore	Glow with radiance	Deep relaxation for mind, scalp & soul	Sooth, detox & revitalise	Hydrate, plump & rejuvenate	Smooth & confident	Polished perfection

Beauty is being the best possible version of yourself.
INSIDE & OUT.

4 YORK ROAD
TORPOINT
PL11 2LG

OPENING HOURS

MON	9.00AM – 7.00PM
TUE	9.00AM – 3.30PM
WED	9.00AM – 5.30PM
THU	9.00AM – 3.30PM
FRI	9.00AM – 1.00PM

TREAT YOURSELF
You're worth it

FOLLOW US
graceglamour2015
Grace & Glamour new
www.kezjay.wixsite.com/graceglamour
graceglamour2015@outlook.com

PROFESSIONAL • PERSONAL • LUXURIOUS




Isla Sell
PHYSIOTHERAPY REHABILITATION




PHYSIOTHERAPY ASSESSMENTS
SPORTS THERAPY
REHAB EXERCISES
ACUPUNCTURE
SHOCKWAVE
PILATES
ULTRASOUND
SPORTS MASSAGE
PERSONAL TRAINING
WOMENS HEALTH PHYSIO

islasellphysiotherapy
islasellphysio
islasellphysio

www.islasellphysio.co.uk
hello@islasellphysio.co.uk
07715427929
CLINICS IN TORPOINT (PL11 2LG) & LOOE (PL13 1QQ)

Torpoint Skatepark

Torpoint Skatepark fundraising launch brings the vision to life

Torpoint Skatepark came alive on Saturday 12th September as Torpoint Ramps Forum officially launched the next phase of the campaign to redevelop the town's skatepark.

The event was about much more than raising money on the day. It was designed to give the community a glimpse of the atmosphere, activity and opportunities that a new skatepark could regularly create in Torpoint, while putting the project firmly on the radar of local residents, businesses, community organisations, the Town Council and potential supporters. Canvas Spaces, who are working with Torpoint Town Council and Torpoint Ramps Forum on the emerging skatepark design, were on hand throughout the afternoon to talk to local people about the proposals.

A mini half-pipe was also installed specifically for the event, with Canvas Spaces running a series of competitions for local riders. Skateboards, scooters and bikes filled the park throughout the afternoon, alongside families, supporters and other community activities taking place across Bénodet Park. For a few hours, the event offered a glimpse of what an improved skatepark could bring to the area on a regular basis: a busy, positive and welcoming space where young people, riders, families and the wider community can come together. The number of people and wheels using the space also demonstrated the appetite for a better facility in Torpoint and the opportunity a redeveloped skatepark could create. Importantly, the day marked the start of the project's major fundraising phase,





rather than the end of a fundraising effort.

Torpoint Ramps Forum is now developing a range of funding opportunities including grant applications, support from local businesses, sponsorship, community fundraising, events, donations and other initiatives. The next challenge is to turn the enthusiasm shown at the launch into an organised community effort capable of helping to deliver the new skatepark. The event also raised approximately £520 through the tea hut, raffle and general donations, building on a further £112 recently raised at Mini Fest. The event was supported by funding previously received from The Carew Pole Charitable Trust through a youth engagement grant, while Cornwall Councillor Rob Parsonage contributed £200 from his Community Chest funding towards the cost of hiring the ramp.

Town Mayor Councillor Mrs Julie Martin said: "The Deputy Mayor and I were very pleased to support the Torpoint Skatepark fundraising launch. Both Bénodet Park and the skatepark were bustling with people enjoying themselves. Congratulations to everyone involved in the organisation of the event, it was a superb afternoon."

Canvas Spaces representative Chandon Gallagher said: "We were stoked to support Torpoint Ramps Forum in delivering the fundraising launch event at Torpoint Skatepark. It was great to see so many people using the space, and the excitement towards the new skatepark was palpable. We will continue to work alongside Torpoint Town Council and Torpoint Ramps Forum to realise the aspiration for an upgraded facility in Thanckes Park."



A Torpoint Ramps Forum representative said: "The most important thing about the day wasn't simply how much money we raised. It was about showing people what this space could become. "For a few hours the skatepark was full of wheels, young people, families and activity, and that gave everyone a glimpse of the atmosphere a new skatepark could bring to Torpoint on a regular basis. This was our starting point. We wanted to put the project firmly on people's radar, build momentum and start the movement that will ultimately make the new skatepark happen. There are lots of different ways we can raise the money, from grants and business support to events, sponsorship and community fundraising. What we need now are the people to help make those ideas happen. The next stage is about mobilising the community and building a fundraising army around the project.

People don't need fundraising experience. If they have some time, an idea, a contact or simply want to help, we want to hear from them."

The next step is to turn the momentum created by the launch into action. Torpoint Ramps Forum is looking for people from across Torpoint and the surrounding community who can help lead fundraising activities, identify funding opportunities, approach businesses and organisations, organise events, help with grant applications or simply contribute some time and ideas. Everyone is welcome. No previous fundraising experience is needed. For more information or to get involved, contact: torpointrampsforum@gmail.com. Photo credit: Canvas Spaces

Blocked ears? Stuck ear wax?

Cornwall Ear Care
Ear micro suctioning in the comfort of your own home

Call or text
07552430361

Book Online
www.cornwallearcare.co.uk

CORNWALL
EARCARE
MICROSUCTIONING

Civic Service Parade

Once again the community of Torpoint excelled themselves with a fantastic turnout for the annual Civic Service and Parade on Sunday 20th September. Led by Torpoint Sea Cadets Corps of Drums, Mayor of Torpoint Councillor Julie Martin and her consort Andy Martin were accompanied by Mayor's Cadet Bartek Cichopec Dignitaries attending included Deputy Lieutenant General Ivan Hooper CB and Colonel Chris Hall Commanding Officer, HMS RALEIGH. Also, Deputy Lord Mayor of Plymouth Councillor Angela Penrose accompanied by Mark Bowden. Plus visiting Mayors from Truro, Bodmin, Liskeard, Saltash, Callington and St Austell. Chairman of Cornwall Council Councillor Rob Nolan, Honorary Freeman of Torpoint Mike Pearn MBE and Honorary Burgess John Crago were supported by Torpoint Town Councillors, led by Deputy Mayor Councillor Chris Goodman and her consort Chris Goodman. Cornwall Councillor Kate Ewert, Antony Parish Council representative and former Town Mayors attended and paraded to the Church.



Reverend Steve Guffick led the Service at St. James Church, with beautiful performances from Torpoint Sea Cadets Corps of Drums, Torpoint Nursery and Infant School, Carbeile Junior School and Coppola School of Performing Arts.

The Civic Awards 2025 – 2026 were chosen by the Town Mayor who presented all of the awards.

Youth Achievement Award

"Having met this young person recently at the Torpoint Players show , I learnt about how he made some wonderful friendships and overcome adversity. A lovely young person who is to be admired for recognising a situation that was making them sad and having the courage and the confidence to join a group of strangers and pursue a hobby that quite a few people would find daunting, but that they have grown to love. I am delighted to present the Young Achiever Award to Patrick Frost."

Person of Courage

"This year's person of courage award is going to someone who has lived with a long term and debilitating condition which can impede the use of their hands and their general mobility and who is a prominent part of our business community. After surviving three bouts of cancer, this person became really, really poorly and was rushed into Derriford Hospital, where they spent four weeks receiving treatment over the summer. This person demonstrates strength, courage and resilience. They keep their ailments to themselves and see their business and this community as their reason for getting up each morning. Their talents are appreciated by all of their customers and they have the biggest heart in supporting causes within the community. This year's Person of Courage award goes to Mandy Fleming."

Citizen of the Year

"This year's award is going to someone who was actually born here in Torpoint and who has lived here for all of their life. A former Chairman and the current President of the Torpoint Branch of the Royal British Legion this person has for many years volunteered their services to the community as our Parade Marshall. Around 15 years ago this person was instrumental in founding the Torpoint Branch of the Armed Forces Veterans Breakfast Club. Since its foundation and under this person's Chairmanship attendance has grown from a mere handful to some 70+ veterans to become one of the largest clubs of its kind in the South West. I am delighted to announce that this year's Citizen of the Year award goes to Mr Colin Prideaux."



Organisation of the Year

"The organisation I have chosen is a long-standing part of our Community, in fact they are celebrating a milestone anniversary this year. Founded in 1991 this organisation was the idea of 3 very prominent members of the community back then, all known for their medical expertise and care. Early projects included an exercise group for the over 60s and the establishment of the Diabetic Circle, later becoming The Diabetic Support Group and a Social Group who enjoyed coach trips and events with guest speakers. In recognition of the significant impact this organisation has had and continues to have, with its networking, bringing people together, lobbying, tackling social isolation and exclusion, informing, educating and supporting over the last 35 years. I am delighted to award the organisation of the year to CHAT Community Health Around Torpoint."





Person of Courage award - Mandy Fleming."

PAIN CAFE AT THE TORPOINT LIBRARY AND HUB, LAST THURSDAY OF THE MONTH, RE STARTING THURSDAY THE 29TH OF OCTOBER 4.30-6PM.

What we will cover

We will always start with a cuppa!

The first session will be an introductory session, then we will cover,

Medication,visit from the Local Pharmacist and Social Prescriber

Sleep, relaxation and mindfulness

Acceptance

Pacing yourself

Getting active and setting goals

Managing setbacks

Nutrition and food

Contact us for more information on, 01872 322073 or email, torpoint.library@liscornwall.org.uk

THE LITTLE FERRY

Big Adventures, Small Setting

thelittleferry.com

OPEN HOURS

Wednesday - Sunday

DAILY SESSIONS

09:00 - 10:30

11:00 - 12:30

13:00 - 14:30

15:00 - 16:30

OUR CAFÉ & EXPERIENCE

A Role Play Café for Little Explorers

Serving Premium Coffee & Refreshments

Membership Packages Available (See Website)

Torpoint has a new visitor website!
Visit: www.visit-torpoint.com to check it out.

Visit Torpoint and the Rame Peninsula

Discover the charm of Torpoint and the Rame Peninsula, Cornwall's hidden gem. Think quiet beaches, winding coastal paths, cosy villages, and grand historic estates. Whether you're after sea views, woodland wanders, or a proper Cornish pasty by the water, this laid-back corner is ready to surprise you.





Dip into hidden gems by the water

Discover secret coves, scenic walks and local hangouts just minutes from the ferry. There's more to see than you think in Cornwall's forgotten corner.

Explore the parks and open spaces

Breathe in fresh air at lush parks, riverside trails, and peaceful gardens. Perfect for a picnic, a stroll, or a moment to just soak it all in.

Same coast. A different view.

CHAT

Supporting our community

TORPOINT

Health and Wellbeing Together

Information
Support
Friendship
A healthier tomorrow

Breathing Space Group

Support, friendship and understanding – one breath at a time.



A friendly and supportive group for people living with asthma, COPD and other lung conditions, their families and carers.

ASTHMA+ LUNG UK

This group is affiliated with Asthma and Lung UK.

Meet at CHATLINK
First Thursday of each month
Starting 1st October
1.00pm – 2.30pm
Macey St, Torpoint

Stronger lungs. Brighter days.

Diabetes Support Group

Practical information, support and encouragement.



A friendly group for people living with diabetes, their families and carers.

Meet at CHATLINK
Fourth Wednesday of each month
Starting 23rd September
11.00am – 12.30pm
Macey St, Torpoint

Live well with diabetes.

Healthy Heart Group

Support, information and encouragement for a healthier heart.



A friendly group for people with heart conditions, their families and carers, or anyone who wants to look after their heart health.

Meet at CHATLINK
First Tuesday of each month
Starting 7th October
2.00pm – 3.30pm
Macey St, Torpoint

A healthier heart for a brighter future.



Gentle Exercise Group

Move more, feel better – for everyone.

Low level exercise sessions suitable for all abilities. A great way to improve wellbeing, build confidence and support your overall health.

Meets the first Wednesday of each month
Starting 4th November
10.30am – 12noon
at St James Hall, Torpoint

Please wear loose, comfortable clothes and trainer type shoes.

Gentle exercise supports all our groups – healthier lungs, better blood sugar control and a stronger heart.

Meet new people | **Share experiences** | **Gain information** | **Support each other** | **All are welcome patients, carers, family and friends**

Healthier People, Brighter Tomorrows

Stronger Communities Happier Lives



For further information please contact

07837551828

Working together for a healthier tomorrow

CHRISTMAS IN TORPOINT

Saturday 14th November

Christmas SWAG Making Workshop - TBC

Saturday 21st November

Lantern Making Workshop and Gingerbread House/Biscuit Decorating - Council Chambers - 10am - 3pm

Friday 27th November

Best Dressed Window Competition - judging at 5pm

Saturday 28th November

Christmas Market at Cornerstone Church - from 2pm
Torpoint Christmas Lights Switch On!



Christmas in Torpoint

@christmas.torpoint

@christmas.in.torp

torpointtownpartnership@gmail.com