# TORPOINT NEWSLETTER



# June 2025





## DIARY DATES

## JUNE

### Saturday 14th TORPOINT FEST '25

Live music, stalls and more. Thanckes Park | from midday

### Thursday 26th

### **PROSTATE BLOOD TESTING**



Committee Room Council Chambers | 6.30 – 8.30pm **Prebooking required online.** Scan the QR code to book. To receive a code for a FREE test please email torpointcommunitycinema@gmail.com

### Sunday 29th

**TORPOINT STREET MARKET** With a special visit from Spider Hero

and the Sea Princess. Fore Street | 10am – 3pm Contact torpointmarkets@gmail.com

## JULY

Saturday 5th RAME BEER AND BUSES Various Locations

### Sunday 27th TORPOINT STREET MARKET Fore Street | 10am – 3pm torpointmarkets@gmail.com

### Saturday 19th

**TORPOINT & RAME PENINSULA LIONS SUMMER FAYRE** Torpoint AFC (more details to follow)

### Monday 21st

### FRIENDS OF THANCKES PARK OPEN MEETING

All Welcome | Committee Room Torpoint Council Chambers | 7pm Contact friendsoftp2018@gmail.com

### Monday 28th

### FRIENDS OF THANCKES PARK SUMMER FUN

Bénodet Park | 10am – 1pm friendsoftp2018@gmail.com

## AUGUST

### Sunday 3rd

FAMILY DOG SHOW Bénodet Park | from 1pm

### Monday 25th

**BEAT4AUTISM – BIG PICNIC** Bénodet Park contact beat4autism@gmail.com

### Sunday 31st

**TORPOINT STREET MARKET** Fore Street | 10am – 3pm torpointmarkets@gmail.com

## SEPTEMBER

### Monday 8th FRIENDS OF THANCKES PARK

AGM OPEN MEETING All Welcome | Committee Room Torpoint Council Chambers | 7pm friendsoftp2018@gmail.com

### Sunday 28th

**TORPOINT STREET MARKET** Fore Street | 10am – 3pm torpointmarkets@gmail.com

### FREEDOM OF TORPOINT PARADE

## OCTOBER

### Sunday 26th

**TORPOINT STREET MARKET** Fore Street | 10am – 3pm torpointmarkets@gmail.com

### Monday 27th

### FRIENDS OF THANCKES PARK – HALLOWEEN IN THE PARK

Bénodet Walled Garden | 10am – 12pm friendsoftp2018@gmail.com

### Thursday 30th

### POPPY APPEAL LAUNCH CONCERT

St James Church johntivnan15@outlook.com

### NOVEMBER

### Saturday 1st

**BEAT4AUTISM – HALLOWEEN FASHION SHOW** St James Church Hall | 4 – 7pm beat4autism@gmail.com

Saturday 8th BONFIRE NIGHT SCOUTS Thanckes Park

Sunday 9th REMEMBRANCE SUNDAY

Tuesday 11th ARMISTICE DAY

Saturday 22nd LANTERN MAKING Main Hall | Council Chambers

Saturday 29th CHRISTMAS LIGHTS SWITCH ON Fore Street

TORPOINT SCOUTS CHRISTMAS CRAFT & GIFT FAYRE

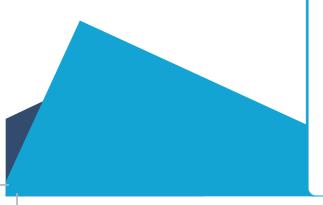
Torpoint Council Chambers | 10am jenny2ndtorpointscouts@gmail.com

### Sunday 30th

**TORPOINT STREET MARKET** Fore Street | 10am – 3pm torpointmarkets@gmail.com

Sunday 30th BEAT4AUTISM – CHRISTMAS CRAFTERNOON

beat4autism@gmail.com



## DECEMBER

### Saturday 6th

**CHRISTMAS IN THE PARK** Bénodet Walled Garden | 10am – 12pm friendsoftp2018@gmail.com

**RBL CHRISTMAS DINNER** iohntivnan15@outlook.com

### Friday 12th - Sunday 14th

BEAT4AUTISM – MAGICAL CHRISTMAS GROTTO beat4autism@gmail.com

## MONTHLY

### Third Thursday of each month TORPOINT COUNCIL MEETING

Committee Room | 7pm An open forum will precede the meeting. Members of the public wishing to put a question to the council can do so, 24hrs prior to the start of the meeting, in writing to the clerk.

### Last Sunday of each month SUSTAINABLE SUNDAYS & REPAIR CAFÉ

Torpoint Library & Community Hub | 10am -1pm Torpoint Environmental Action Repair Café The Toolbox Team will be present for small repairs to household items & the Sewing Repair Team for any sewing repairs.

## Fourth Wednesday of every month TORPOINT & RAME U3A

Council Hall | 10am – Midday u3asites.org.uk/torpoint-rame/groups

TORPOINT WI

St. James Church Hall | 7.30pm babs\_g\_205@hotmail.com

Please note that dates are subject to change. To add an event to this diary please email admin@torpointtowncouncil.gov.uk

### Mayor Choosing 2025



Torpoint Town Council's Annual Meeting and Mayor Choosing Ceremony was held on Thursday 15th May in the Council Hall, Torpoint. Master of Ceremonies Town Crier David Green, under the direction of the Town Clerk, announced the proceedings.

The retiring Town Mayor Councillor Gary Davis reviewed his year of office giving thank you presentations including the retiring Deputy Town Mayor Councillor Kim Brownhill.

Councillor Julie Martin was elected to serve as Town Mayor for the civic year 2025/26 having previously been elected as the first female Mayor of Torpoint 2005/06. The Declaration of Acceptance of Office was read out and signed in front of honoured guests, Councillors and residents of the town.

Honoured guests, included: Mayor of Liskeard Councillor Christina Whitty and Consort; the Callington Portreeve Councillor Steven Pound & Councillor Suzan Tolman; Cornwall Councillors Kate Ewert and



Robert Parsonage and Freeman of Torpoint Mike Pearn MBE. Councillor Martin introduced Mr Andy Martin as her consort who was represented by Katie-Marie Martin.

Councillor Chris Goodman was elected to serve as Deputy Town Mayor and introduced Mr Chris Goodman as her Consort. Rev. Jo Northey will serve as the Mayor's Chaplain and Ernie Eastment was chosen to serve as the Mayor's Cadet.

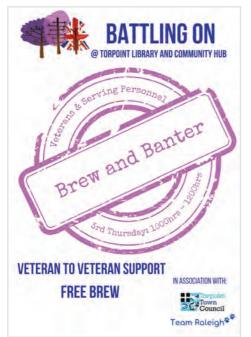
The Town Mayor and former Town Mayor toasted each other raising their glasses and drinking a toast to the "Town of Torpoint."

The Council then re-affirmed the adoption of the General Power of Competence and the Civility and Respect Pledge and members' confirmed their roles on committees working parties and outside bodies.











### Sea Cadets

## Do you know an adventurous 9-17 year-old who might want to join Torpoint sea cadets?

Young people in Torpoint are invited to get involved with one of the most successful Sea Cadet units in the country! Torpoint Sea Cadets, based within HMS Raleigh, is seeking potential new cadets for both our Junior Section (ages 9-11) and our Senior Section (ages 12-17). We meet every Thursday night at HMS Raleigh from 1800 until 2030, and also we go rowing, sailing and powerboating every Wednesday between May and September.

Torpoint Sea Cadets aims for young people to learn new skills, make new friends and boost confidence so they can be successful in whatever they want to do in life. The Sea Cadets isn't just for those who might want to join the Forces; it's for everyone who wants to learn new skills, boost their CV and develop values to do well in whatever they choose to do.

Cadets are trained in a wide variety of





activities, both shore-based and waterborne: leadership, ceremonial, seamanship, navigation, campcraft, catering, shooting, aviation, music, sailing, rowing, powerboating, yacht sailing, climbing, mountain biking, radio communications, first aid, and other interesting and useful topics. They can gain civilian-recognised qualifications, including BTECs, First Aid at Work, the Duke of Edinburgh's Award, and Royal Yachting Association waterborne licences.

Being located within HMS Raleigh, we have access to some of the best training facilities run by the Royal Navy, including the Jupiter Point Boat Station, Firefighting School, Damage Control Unit, sports pitches and parade ground.

Subscription fees are £15 per month, making us one of the best-value youth organisations around. Potential new cadets are welcome to come along for up to four free taster sessions to see whether it's for them.

If you'd like to come along for a free taster session, or if you know a young person who might be interested, please send us an email at TSRameHead@gmail.com and we'll provide you with more information.





## Veterans' Oak

Every year, quite rightly, we remember those who have made the ultimate sacrifice for their Country. Through various service organisations we also aid those who have been physically or psychologically injured in the service of their Country for however long assistance is required.

But, what about those who serve their country, complete their engagement, return to civilian life, retire and then shrug off their mortal coil, apart from the memory of their immediate relations, where is the remembrance of their service recorded?

At the Carbeile Inn facing Trevol Road an oak sapling was planted on 12th May, in front of which are 4 posts, the posts are there so that the names of those men and women who have served their country can be recorded.

They didn't pay the ultimate sacrifice, they just simply served and returned to civilian life and carried on, but until now there has been nowhere to publicly record and remember their service.

Here in Torpoint we now have a Veterans' Oak – the first in Cornwall and indeed the first in the UK, where names of those who served can be recorded and remembered.



If you would like further details then please contact John Tivnan at johntivnan15@outlook.com.

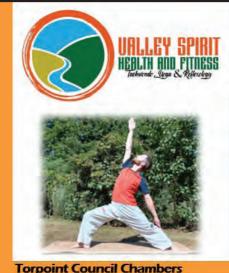


### Dan from Cornwall Council visits the Library every Wednesday morning 10-12.

Dan is an assessment, billing and collection officer and deals with Housing Benefit, Council Tax Support and can also deal with non-complex, Council Tax enquiries.

Dan also works in the Discretionary team providing additional support through Discretionary Housing Payments, Exceptional Relief awards and Crisis and Care awards.

Further information can be found on the Cornwall Council website at Crisis and Care awards - Cornwall Council, Discretionary housing payments - Cornwall Council.



Torpoint Council Chambers 1-3 Buller Road, PL11 2LD Thursdays at 7pm / 60 mins

£10 per session or £30 per month

Hatha Yoga Class

For all abilities

**Beginners Welcome** 

Join our friendly community and get in shape this year.

Reduce stress and anxiety. Make yourself strong and flexible.

Try Your First Session for <u>FREE</u>!

Email – valleyspirithaf@outlook.com Phone – 07928469575 Facebook – /valleyspirithaf

TAC

## Love Fore Street? Got ideas to bring it to life?

Join us for an open, informal round table hosted by TAC CIC. Whether you're a trader, local resident or just someone who cares about the heart of Torpoint, come along to share thoughts and explore creative ways to make Fore Street a more dynamic and vibrant space.

Saturday 7th June, 10am–12pm Courtyard Café, Fore Street, Torpoint

No agenda - just ideas, conversations and community.

## **Torpoint Library & Community Hub**

### Weekly Activities

Everyone is Welcome at the Torpoint Library and Community Hub! We have lots of different people that offer all kinds of help and support at the library. Pop in for a chat or phone us.

#### MONDAY

Quiet Library / Café

#### TUESDAY

Social Prescriber 10am-12pm (appointments)

Armed Forces Support 10am - 12pm (2nd Tue of month)

Awenek Art for wellbeing 9.30-10.30am session and 11am-12pm session (weekly)

#### WEDNESDAY

**Rhyme Time** 10am-11am (weekly)

Council Tax and Housing Benefit Support 10am-12pm (weekly)

Friendship & Musical Memory's Singing Group | 1pm-3pm (weekly)

Police Drop-in 1st (11am) & 3rd (2pm) Weds of Month

LEGO CLUB 3-30pm-4.45 (weekly)

#### THURSDAY

Knit and Natter 1 - 4pm Drop-in (Weekly)

Brew and Banter Veterans support | 10am - 12pm (3rd Thursday of month)

**Basic Advice & Signposting Support** 10am-12.30pm (Weekly)

#### FRIDAY

Quiet Library/Café Arts Club 10am - 12pm (weekly)

### **SATURDAY & SUNDAY**

Sustainable Sundays and Repair Cafe 10am - 2pm (Last Sunday of the month) Second Saturday of the month Open 10am - 12pm

#### **IT and Printing**

Full access to our printing services and computers.

#### **Help and Support**

We offer a daily support service for money, health and general advice. If you are struggling come and see us or alternatively call – Cornwall Gateway helpline on 01872 266383 (8am-8pm 7 days)

Or just pop in for a chat and piece of Home-Made Cake!



### Library opening times

Monday – Friday | 9.15am-4.30pm T | 01752 812215 E | Torpoint.library@liscornwall.org.uk





TORPOINT PLAY TOTS For Babies and Pre-School Children EVERY THURSDAY (Term Time) 9.30 - 11.30 AM TORPOINT COUNCIL CHAMBERS

£3 per session (to include snacks and drink) Come join the fun!

## **Responsibilities of TTC & Unitary Authority**

The graphic below shows what Torpoint Town Council deals with in the inner wheel and what Cornwall Council deals with in the outer wheel. These are examples covering the most obvious areas of responsibility; if you can't find something here, either check online at cornwall.gov.uk, visit the Town Council's website torpointtowncouncil.gov.uk or contact admin@torpointtowncouncil.gov.uk









WENEED COME AND BUY A PIECE OF CAKE TO SUPPORT OUR CHURCH'S REPAIR WORKS

Last SUNDAY of every MONTH

**EVERY LITTLE COUNTS!** 

TUESDAY WARM WELCOME

10:00 -11:00

- FREE HOT DRINKS
- BISCUITS
- LISTENING EAR

SATURDAY COFFEE MORNINGS

9:30 - 11:30

• LET'S SHARE A CUPPA • FUN RAFFLE AND MORE!

sunday service <u>10:30 -11:30</u>

- WORSHIP
- FRIENDSHIP
- FELLOWSHIP

**ROOMS FOR HIRE** 

GET IN TOUCH TO KNOW WHAT'S AVAILABLE:

**(**) 07895711323

# Shh! Don't talk about the MENOPAUSE! **Shout about it!**

Menopause and PeriMenopause will affect every woman in your life to some degree. Your wife, mum, daughter or friend will all experience it at some point, usually starting post 40 but sometimes from a young age. Some women will sail through this stage of life without any issues whilst others will suffer extensively from one or more of over 34 symptoms.

Symptoms can range from hot flushes, poor sleep and mood swings but also things like joint pain and vertigo can be attributed to the decline in hormones.

With many women continuing to work into later life these symptoms can really affect their ability to function well in many roles. Employers need to have a better understanding of this period of a woman's life so they can support her through what can be a very difficult time.

It can also put pressure on relationships with loved ones so it's really important to educate those around us so we can all live better.

In years gone by, Menopause was a dirty subject, whispered about behind closed doors. Thankfully due to media personalities like Davina McCall the subject is becoming more widely discussed which in turn helps us improve the support we can get from both the medical profession and other organisations.

Getting the right support can be a lottery with many poor experiences coming from under trained professionals. There are many stories about women being sent away without the right medication or diagnosis and are often being prescribed anti depressants instead of being offered HRT. Many are refused the option due to out dated understanding by the prescriber.

There is an online checklist which you can complete and take along to your GP or nurse to help you get the right support. Just Google "Greene Climacteric Scale" or contact me if you would like a copy.

HRT isn't right for everyone but it can be really life changing for some. It can also take a while to find the right options, gel, spray, tablets or internal coils. There are also other ways to improve health and well-being through this time of life including better diet and the right kind of exercise.

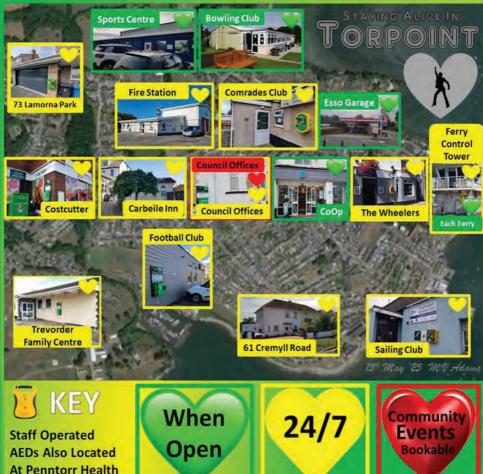
If you need support please look out for the new Free monthly support group which will be starting soon in Torpoint. Send me a message or a text if you would like more information.

Sarah Webber 07812 747 541 Sarahvanders@hotmail.com



## Defibrillator (AED) With Community Access

Please take a few moments to understand the location of the one nearest to you A loved one may need it one day



## The nearest Defibrillator to here is located

& The Dentist

## NOTICE OF VACANCY IN OFFICE OF COUNCILLOR

## **TORPOINT TOWN COUNCIL - WEST** WARD

## NOTICE IS HEREBY GIVEN

pursuant to Section 87(2) of the Local Government Act 1972 that due to the resignation of Dan Phipps, a vacancy has arisen in the Office of Councillor for the above Town Council.

If by 13 June, 2025 (excluding Saturdays, Sundays, Christmas Eve, Christmas Day, Good Friday and Bank Holidays, after the date of this notice) a request for an election to fill said vacancy is made in writing (by hand or post) to the Proper Officer at the address below by TEN electors\* for the said Town Ward, an election will be held to fill the said vacancy, otherwise the vacancy will be filled by co-option.

If an election is called, it will take place not later than 15 August, 2025.

Dated 23 May, 2025

Proper Officer Electoral Services 4th Floor, South Wing County Hall Treyew Road Truro TR1 3AY

\*If you add your name to a petition, or write to us to request an election, please be aware that election petitions are public documents and are available for inspection. Please see our privacy notice for more information. <u>https://www.cornwall.gov.uk/te-council-and-democracy/elections/town-and-parish-council-vacancies/</u> https://www.comwall.gov.uk/media/y5oo0ybg/by-election-request-privacy-notice.pdf

## **Funding Secured**

The Torpoint Town Team Project Board has secured £235,263 of funding from the UK Government through the UK Shared Prosperity Fund. The funding was bid for and won by the Project Board to deliver a Royal Institute of British Architects detailed design report on the land that formally housed the police station at the bottom end of town.

The aim is to have completed the detailed design using a lead architectural company, which is currently being procured, and submit an outline planning application by December 2025 for consideration by Cornwall Council.

Working in partnership with Cornwall Council, the Project Board is seeking to find a developer who would be keen to help them develop the site into accommodation and a community hub to enable the existing library and community hub building to be cleared, demolished and replaced with homes and a town square.

Public consultation has taken place on the Masterplan and the feasibility studies. This will continue throughout the year as the design develops, in order to gain feedback from local residents. Torpoint Town Councillor Gary Davis, Chair of the Town Team Project Board and former Town Mayor said, "This is fantastic news for Torpoint. The redevelopment at the bottom end of the town centre promises to create a vibrant new gateway for Torpoint and Cornwall.

With plans for over 35 homes, a new library and community hub, plus additional retail space, this project will be instrumental in revitalising our town. Bringing this site back into use is an objective in delivering our Vision for Torpoint and we remain firmly on track for development to commence within the next 18 months.

It has been a long journey since 2016, but we are now seeing real progress with the initial site cleared for development and detailed plans now funded. Securing this funding is a significant step forward and further demonstrates the confidence funders have in Torpoint, the Town Council, and the Torpoint Town Team Project Board."

For further information, please contact the Town Clerk at Torpoint Town Council clerk@torpointtowncouncil.gov.uk 01752 814165.





CORNWALL & ISLES OF SCILLY SHARED PROSPERITY FUND



**Torpoint & Rame Peninsula Lions News** 

## Local Lions active in Rame Peninsula's Black Prince event and Meet Vice District Governor Bunt

The Torpoint and Rame Peninsula Lions took part in the Black Prince event in Millbrook, Kingsand and Cawsand on Monday 4 May. They had a tombola at Venton House. They also collected with their buckets in Millbrook, Kingsand and Cawsand.

All money raised will go towards local charities and the Lions would like to thank the Black Prince Committee for allowing them to participate in this event along with the public for their kind generosity.

Torpoint and Rame Peninsula Lions Club were delighted to be joined by 1st Vice District Governor Lion Phil Bunt at their meeting last Tuesday. Lion Phil Bunt was introduced by President Lion Steve Murray and addressed the meeting, speaking about the new cameras that will shortly be received by the District as part of Lions Eye Health program.

Lions eye health programmes utilise vision screening cameras to detect potential vision problems in children and other populations. These cameras are used by Lions members who receive specialised training. The screenings can identify issues like the need for glasses, strabismus, and other eye conditions. The goal is to encourage early intervention and prevent further vision loss.

If you are interested in joining us, please do get in touch by emailing torpointramelions@outlook.com.

We are always pleased to welcome new members.

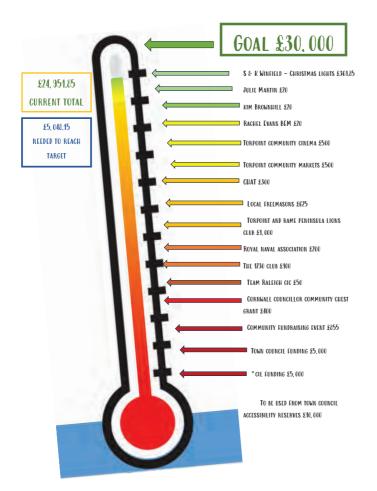
## **Torpoint Accessible Play Equipment Project**

### **Fundraising Update**

Accessible play equipment is equipment, that gives children of all abilities the opportunity to participate in play.

Inclusive play helps to build self-esteem and boost cognitive and social development, all children have the right to develop without barriers.

For more information on the aim of the fundraiser, to make a donation contact: admin@torpointtowncouncil.gov.uk



### Example of play equipment









We are a non profit organisation. Our films are FREE to view but we would be grateful if you could donate towards the costs of screening and license fees.

### PACKAGES

Refreshments£5Afternoon tea£8

(Payable in advance)

## We would love you to come and join us at the Community Cinema, our next movies are:

14th September	3pm	Hidden Figures (+ Afternoon Tea)
31st October	7pm	Halloween Movie (Refreshment Package)
21st December	7pm	Christmas Movie (Refreshment Package)

If you would like to join our mailing list please email us.

We can then provide you with up-to-date information on our screenings and you can suggest films for us to show.

For more info: T | 07870453641 E | torpointcommunitycinema@gmail.com

Torpoint Town Council welcomes any feedback on the content and frequency of their newsletters. Please write your comments below and return to 1-3 Buller Road, Torpoint PL11 2LD, or email admin@torpointtowncouncil.gov.uk.