

Winter Newsletter



February 2022

MEET THE TEAM



Hello everyone, my name is Anne Lillie, and I became the manager of the Foodbank in July 2021. My role is to oversee the day-to-day operational running of the Foodbank. I also ensure support is given to people in crisis and signpost to other agencies that can offer additional support. I could not do my job without the fantastic team of volunteers who support me.



The Foodbank was pleased to appoint Sharon Sissons to the role of administrator in August 2021. Sharon is the friendly voice the clients hear when they telephone the Foodbank. Sharon has spoken to hundreds of clients offering support, advice, signposting and reassurance during a challenging time



In January 2022, the Foodbank welcomed Clare Shrimpton as the Foodbank's Volunteer Lead for a new Trussell Trust initiative called Pathfinder. Clare and her volunteers will be out in the community checking people are getting the benefits to which they are entitled. More about Clare's vital role later in the year.

INCREASING COSTS

The Foodbank is bracing itself for an increased demand for our services as households face huge financial pressures brought on by soaring energy costs, high rents, and increased food costs. People really are having to choose between 'Heat or Eat'. We are frequently speaking with parents who skip meals to ensure their children have enough food to eat. One parent recently reported they went to bed the same time as their children to save on heating costs as they cannot afford to keep the house warm.



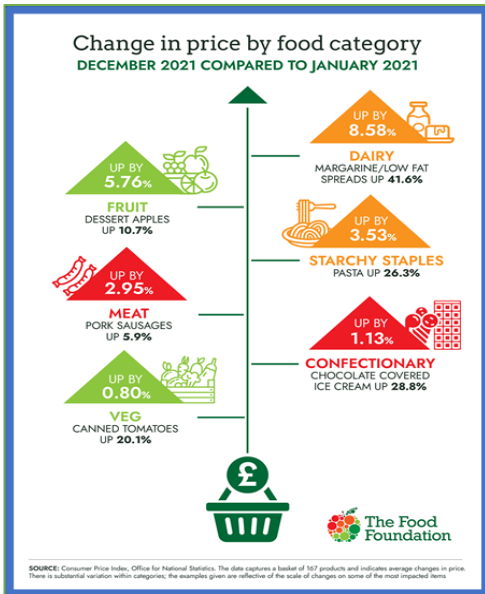
1st January – 31st December 2021

Liskeard and Looe Foodbank (including Torpoint & Rame Peninsula) fed **2790** local people of which **1095** were children

If you are in crisis or know someone who needs our support, please contact Anne or Sharon 01579 343743 / 07512 011452

Registered UK Charity: 1183375

Liskeard and Looe Foodbank, Liskeard Open / 9.30am – 12.30pm, Monday, Wednesday, and Friday
Torpoint Depot at St James Church, Open: 10.30am – 12.30pm, Monday & Wednesday, Telephone: 07512 011452



The cost of living surged by 5.5% in the 12 months to January 2022. Inflation is now rising faster than wages and is expected to climb above 7% this year. It will, without doubt be an extremely challenging year for many in the community and the Foodbank is expecting to be busier than ever.

Without the help of the local community the Foodbank would not be able to support to people who need it.

Thank you for thinking of others and every time you put food into our collection baskets you are helping someone who may otherwise go hungry.

Talking of collection baskets there is some confusion about the signage and donation point for the Foodbank in Morrisons. The Foodbank basket is located adjacent to the café towards the end of the store.

Whilst there is a trolley at the exit of the store this is not specifically for the Foodbank (although it does say Foodbank, which is very confusing!). This food that goes into the trolley is shared with other charities. If you specifically wish food to be donated just to the Foodbank, please put in our baskets. Thank you!



Two of our dedicated volunteers collecting donations from Sainsbury's Torpoint and Morrisons Liskeard. Thank you Viv and Jane!

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Liskeard and Looe (including Torpoint and Rame) Foodbank Current Volunteer Vacancies and Donation Options

Drivers and Assistants

Can you spare one afternoon per week?

To deliver foodboxes to people in crisis?

Must be physically fit as this is a manual job

Contact Anne or Sharon for further details

Liskeard.Foodbank@gmail.com

07512 011452

Social Media Volunteer

Working from home

Approximately 2 hours per week

Contact Anne or Sharon for further details

Liskeard.Foodbank@gmail.com

Tel:07512 011452

Volunteers required for client facing advisory
role – locations throughout

South-East Cornwall

2 – 4 hours per week

Full training and support given

Weekdays between 10am – 2pm

Email Clare for further details

Foodbankliskeard2@gmail.com

Donate food... You can donate in-date, non-perishable food from our Priority Shopping List into one of our baskets at.

Liskeard - The Co-op / Morrisons/ Poundland/ Parkes and Pearn

Torpoint - Sainsbury's / Co-op / Costcutters

Looe - Co-op

Our shortages list is updated weekly and can be found on Liskeard and Looe website and social media sites Facebook, Twitter, and Instagram

Donate money...

To make regular donations please complete the standing order form on our website or request one from us at liskeard.Foodbank@gmail.com

Make an online bank transfer - Sort code: 30-90-89 Account number: 54028760 Account name: Liskeard & Looe Foodbank

Payment by cheque to: Liskeard & Looe Foodbank

If you shop with Amazon, please consider registering with Amazon Smile and choosing Liskeard and Looe Foodbank as your chosen charity. Each time you shop with Amazon they will donate 0.5% to us!



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