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Time 2 Move Holiday Programme FAQs

This document will try to answer some frequently asked questions about the Time 2 Move Holiday Programme. It is a working document that we will continue to develop as the project progresses.

What is the Time2 Move Holiday Programme?

The T2M Holiday Camps are Free activity for disadvantaged families, those aged 5 to 16 on Free School Meals that aim to address the triple inequality we have in Cornwall of:

- 1. Poor Diets
- 2. High levels of Social Isolation
- 3. Low levels of physical activity

Check out the further pages for schools, community providers and parents to find out more. If you have any questions, want to deliver holiday activity for this audience, want you child to get involved or would just like to know more information about how to get involved, either as a school, parent or a community provider, please email T2MHolidayCamps@ActiveCornwall.org or call 07527 470537.

Does all holiday provision have to be named Time 2 Move?

No, you can still use your own project name but Time2Move is the umbrella project name and you will need to have the logo on your marketing.

Grant Criteria

What is the grant for?

We are seeking to fund a diverse range of projects and enrichment activities which are attractive and engaging for all ages and abilities of school children and include physical activity and nutritious food. Activities can be open to all children with priority given to those aged 5 to 16 receiving free school meals. Those not on free school meals and outside that age range can pay to attend if there are sufficient spaces and spaces for children on free school meals will be made available at no cost.

When does the grant application programme open? 10th May 2021

When does the grant applications close?

Where can we apply?

Via Active Cornwall website: www.ActiveCornwall.org/T2MHolidayprogramme or at the following link

When does delivery need to take place?

Delivery needs to take place in the Summer holidays between 26th July – 27th August for up to 4 hours, 4 days, 4 weeks. You can do more if you wish but the grants will only cover a maximum 4 hours per day 4 days per week and 4 weeks during Summer See below weeks that can be delivered in:









- Week commencing 26th July
- Week commencing 2nd August
- Week commencing 9th August
- Week commencing 16th August
- Week commencing 23rd August

What does FSM stand for?

Free School Meals.

Is there any help for writing the grant application?

The grant process will not be too onerous. There will be webinars and you can head to our website for the details of these dates. They are also recorded, and you can watch these back on our website.

What organisations can apply for the funding?

This fund is open to the voluntary sector, public and private providers who can meet the charitable objectives of the programme.

What is the size of the grant available?

The size of grant you can apply for will depend on how many children you are able to provide for and assumes provision over four days of at least four hours per day and up to 4 weeks in the Summer Holidays. We intend to provide 3,814 places per day to enable all children to take part. This works out at an average of £18.40 per child per day, but there will be flexibility depending on staff ratios required for different needs and age groups and where/if Covid restrictions apply.

Can the holiday provision focus on a particular age group?

Yes, the project must cover the 5-16 age group, but it can focus on a specific age range e.g. 5-8 year old's or 12-16 year Olds.

Can one organisation deliver holiday provision to more than one age group?

Yes, you can apply to run different projects for different age groups as we understand that what will entertain and engage a 5-year-old will be different to a 16-year-old.

Can funding be used for equipment for the programme?

Funding can be used to purchase small capital equipment for the programme, for example, to improve the catering or sports equipment at an individual club.

Does it have to be new holiday provision?

No, existing or prospective organisers of holiday activity programmes can access funding to deliver daily, four-hour programmes where those young people in receipt of FSMs can attend for free.

Will the fund cover non-FSM children to attend?

No, but we encourage clubs to make paid-for places available to other families.









Can the funding be used to subsidise schemes that offer FSM and non-FSM places? Is it acceptable to support their overheads?

Funding can be used to support a comprehensive, inclusive and accessible offer, e.g. setting up new provision where needed, paying for additional staff to expand existing provision or to meet additional needs, etc.

Funding can also be used to support quality improvement, e.g. money to bring in activity providers such as sports coaches; money to establish partnerships with catering organisations.

Can the funding be used for delivery of activity outside of holiday periods where it supports the holiday provision?

No, the funding is for the provision of free holiday clubs (including food) during the 2021 Summer Holidays.

How much funding should be allocated to meals and will there be any funding restrictions in terms of the split between paying for food vs. activities?

There is no fixed amount. For reference, the Government allocate around £2.34 per pupil per meal for free school meals during term time. Although this does not take into account the difference of delivering in the holidays and is based on mass catering.

There are also no restrictions in terms of how much you spend on food vs activities.

Is there a maximum amount of grant available?

No, the size of grant you can apply for will depend on how many children you are able to provide for and assumes provision over four days of at least four hours per day and up to 4 weeks in the Summer Holidays. We intend to provide 3,814 places per day to enable all children to take part. This works out at an average of £18.40 per child per day, but there will be flexibility depending on staff ratios required for different needs and age groups and where Covid restrictions apply.

Is the fund for 3,814 individual young people or attendances?

The fund is aiming to reach 3,814 young people over the holiday period.

Are the same children/young people expected to attend for the whole week or can it be different children/young people attending every day?

No, you can have different children attending everyday as we know not all children will require the provision for the whole time. The booking system will allow for people to choose what days they book onto.

Can you put a limit on the number of spaces you offer?

Yes, you can limit your provision to what suits your organization. You need to make sure you work towards pupil to staff ratios for the safety of everyone.

Can we apply for the other holidays in the same application?

No, this application round is just for the Summer delivery and we will have a new round for the Christmas delivery which you will be able to apply for again.









Can you apply for funding in the other holidays if you do not intend to apply within the Summer Holidays?

Yes, you do not have to apply in all three holiday periods.

Eligibility

Is provision only funded for FSM children aged 5-16 (so not EY premium or post 16s)? Yes, the funding is for school-aged children only.

Can siblings under the age of 5 attend with parents?

The primary beneficiaries of the programme are intended to be FSM eligible children. However, if a parent turns up with younger children who are not FSM eligible, we will not expect them to be turned away or asked to pay. Clubs should be able to use their discretion in these circumstances.

Can this funding be used to cover parents/carers attending sessions?

In previous years, we have seen clubs work really successfully with parents, inviting them in to attend sessions etc., so we are happy for this to be included in 2021. We know that this will not work in all situations or for all clubs/sessions though.

How will referrals work?

All children who are eligible for Free School Meals will have access to a code and we will also be communicating with all referral agencies to make sure the messages get through. It is expected that local marketing will also take place.

What about home educated children who often go between the cracks? How will they be engaged? We will work with Cornwall Council Education service to communicate with home educated children and ensure they are aware of the project.

What can be funded within the grant?

- Staff costs for planning and delivery
- Volunteer expenses
- Venue and transport costs
- Food and preparation costs
- Modest capital items required to deliver the project e.g. small items of catering or sports equipment but not larger items such as computers.

Would you require one application covering the whole of Cornwall or individual applications depending on location?

You can apply just the once detailing the plans of your projects.









Can organisations work together to run a project?

Yes, it would be great to see organisations working together. We are aware some organisations may need to outsource elements of the delivery and this can be done by working with other local organisations and deliverers.

Provision requirements

Is there flexibility on eligibility criteria – e.g. offering free places for non-FSM children, such as those accessing alternative provision or working families on low incomes?

The funding is for children eligible for benefits-related free school meals. We encourage clubs to make paid-for places available to other families.

Is there an expectation that children stay in the provision for a whole 'session' (i.e. a childcare model), vs an open access offer?

Provision to date has shied away from strict sessional provision and we would request this is avoided for 2021 as this enables much more flexibility (whilst of course adhering to minimum standards). It also recognises that the parameters of 4 hours per day, 4 days per week for only 4 weeks of the full holiday period can make it difficult for low income working parents to rely on the provision to meet their requirements for childcare.

Regarding the 4 hours / 4 days / 4 weeks – does this mean you want the same children to attend for all of this time? Or that we need to have provision running 4 hours/4 days/4 weeks that different children can attend?

The aim is that participating children would be able to attend every session (e.g. for 4 hours / 4 days / 4 weeks over the summer). However, we know that some will participate every day, and some may attend less frequently. And some eligible children will not attend at all of course, as it is completely optional.

Can the 4 hours be flexible on start times?

Yes, you can deliver whatever time you would like, and the meal can be breakfast, lunch or dinner.

Does the provision allow for more than 1 hour of activity in the day?

Yes, you have to meet at least 50% of physical activity but you can have more than that.

Will the funding allow delivery without the food aspects of the programme?

No, the Time2Move Holiday Programme aims to address issues including food poverty so these criteria must be met.

What are the expectations around the food offer?

We expect that the food will meet the school food standards, ensuring all children receive a healthy, balanced meal. We understand it may be tricky to offer hot food every day, but to ensure the young people are getting a good variety of foods.

The food should be provided free at point of access. Food options can include cooking on site, hot food delivery, packed lunches, cook, share and eat, or a combination of these. Hot food is preferable where possible.









Do we have to use a certain food supplier for the project?

No, you can use your own ways of providing food for the project, but it has to meet school food standards. Local businesses and organisations may be keen to help you, it is always worth asking. We do, however, have links with caterers if you cannot source your own please indicate in your funding application if you would like help with your catering.

Will there be any guidance on what school food standards are?

Yes, this link provides guidance: School meals - healthy eating standards

Are there any guidelines on where the food needs to be served?

Yes, children need a pleasant place to eat which is sheltered from rain or sun.

What are the nutritional education requirements?

Clubs must include an element of nutritional education each day aimed at improving the knowledge and awareness of healthy eating for children. These do not need to be formal learning activities and could, for example, include activities such as getting children involved in food preparation and cooking, growing fruit and vegetables, and taste tests.

Clubs must also include at least weekly training and advice sessions for parents, carers or other family members, which provides advice on how to source, prepare and cook nutritious and low-cost food.

How will it work logistically offering places for children on FSMs and those not on FSMs? How will providers be able to know who is eligible for FSMs?

All FSM children will need to book their place on the Time2Move Holiday Programme booking system using a voucher code. Other children can still book onto the activity programmes but will not have the unique booking code and will need to use the paid for places.

Will there be any specific requirements on the types of activities provided or will this be flexible for each programme to decide what works best for their children and families?

No, there are no requirements, beyond the standards that we have set.

Food & Enrichment maybe tricky for my organisation but I can offer the physical activity service. How is the best way to offer my teams services out to the wider Time2Move community?

We have set up a specialist service area on our website and all organisations who have something they could provide either within the Physical Activity element, Enrichment or food and nutrition element can be found there. Send what you can offer into T2mHolidayCamps@ActiveCornwall.org:

- Organisation name
- Brief description of services
- Cost for delivery, if there is any
- Location(s) you operate in
- Contact details

You can find that part of the website here:









Would you be able to offer one specific sport plus the enrichment and food? For example, a football specific camp?

Yes, different set ups are going to work better for different age groups rather than mixed activities all the time.

Are there any examples of what Enrichment activities are suitable?

The guidance is to take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider educational attainment.

You will also find some specialist enrichment providers on our website who may be able to assist with your programme: <u>Specialist Providers</u>

What does 'having access to' holiday activities mean for families in rural areas?

We want provision to be accessible for all FSM-eligible children who want to attend, including those in rural areas. If you identify children in rural areas who would like to attend and do not have provision within easy reach, you can fund transportation for them to access the provision.

How do people book onto the holiday provision?

By using the Time2Move Holiday Programme online booking system that every organisation awarded funding will have to upload their holiday camp details too. All FSM places will need to be available on the booking system.

Will the booking system allow for closed projects?

Yes, the booking system will allow for projects only offering to their own FSM children e.g. a school may want to just offer it to their students, and they will be able to set a rule on the booking system to do this.

Is there scope within the programme to focus on areas other than just physical activity and food, e.g. mental health and wellbeing?

Yes, LAs will have the flexibility to adapt the programme to suit the needs of their community.

If a school was keen to open for face to face delivery over Summer just for pupils attending their school, would this be possible?

Yes, this would be possible.

Reporting Requirements

What reporting, monitoring information and data will HSP be asking for?

This is yet to be confirmed by the DfE, but there will be some monitoring that needs to take place by all delivery organisations.