

F+P C  
29/03/21

Agenda 8f. YMCA Plymouth

## TORPOINT TOWN COUNCIL

### Application for Grant for Voluntary Organisations Local Government Act 1972, Section 137

Please note that this application will not be considered unless it is accompanied by a copy of the latest set of annual accounts showing the organisations income, expenditure and level of balances. If the organisation does not prepare annual accounts, copies of the bank statements covering the previous six months must be enclosed.

#### Notes to Applicants

To help us process your application quickly, please:

- Read the Applicant Guidance Notes carefully
- Complete the application fully – we will not consider incomplete forms
- Let us know if you have any questions before sending in your application

<b>Name of organisation</b>	YMCA Plymouth – Torpoint & Rame Community Sports Centre
<b>Full postal address</b>	Torpoint & Rame Community Sports Centre, Antony Road, Torpoint  Postcode: PL11 2NH
<b>Contact name/position</b>	Karl Curtis – Centre Manager
<b>Telephone number</b>	07813565740
<b>Email</b>	karl.c@ymcaplymouth.org.uk
<b>Charity Registration Number</b> (if applicable)	1066919
<b>Project title</b>	'RE – ACTIVATE'
<b>Estimated start date</b>	April 2021

#### Please tell us about the project and why you think it should receive the contribution from Torpoint Town Council

##### *Who we are:*

YMCA Torpoint is an independent charity affiliated to the national federation of YMCAs and has supported young people and the wider community for 172+ years. Our Vision is "To be a leading **Education, Health** and **Families** charity in our community, that enables all people to belong contribute and thrive". Despite being part of a large national organisation (YMCA England), we're still small enough to care about our local needs. Our local networks are forged over many years, demonstrating a track record of community sport, activity and recreation provision.

We're proud of our '**Community Impact**', having offered a wide range of Health & Wellbeing activities for local people, enabling 'Cradle to Grave' opportunities, including (pre-pandemic):

- 22 disability sport sessions per month to varying ages
- 250 young people get active via our Youth and Activity Clubs per year

- 39 sport and exercise classes offered weekly
- 500+ gym members visit our fitness suite monthly
- 60 children engaged in supported fitness sessions each week
- 35 families were participating in active soft play sessions per week
- 500+ participants in our annual community fun run

This highlights the positive contributions YMCA Torpoint offer our community, plus our impact on the people we serve, both in and around Torpoint.

### ***Our Project – 'RE-ACTIVATE':***

Post-lockdown, this grant will enable those in our community, particularly young people and the most vulnerable/disadvantaged, to return to being physically active again in a safe environment – enabling them to **'RE-ACTIVATE'**. We passionately believe this is never more important than the present, and it is essential we support our young people and families in our Community coming out of a long period of isolation.

**'RE-ACTIVATE'** is a youth engagement through sport programme. Our aim is to provide an exciting new weekly timetable, where we will deliver a variety of new sports and activities, including:

- Gymnastic activities
- Trampolining club
- Football Coaching
- Netball Coaching
- Basketball Coaching
- Tae Kwon Do / self-defence classes (Topical - young woman's safety)
- Soft play sessions
- Parties

These sessions will be delivered by expert coaches, who are highly qualified in their fields. Additionally, being a youth based centre, all staff members are subject to our rigorous safeguarding / DBS checks and protocols.

The COVID-19 pandemic has had a significant impact on the activity levels of both young people (see: [www.bbc.co.uk/sport/55664539](http://www.bbc.co.uk/sport/55664539)) as well as those with accessibility and disability struggles (see: [www.theguardian.com/sport/2020/nov/05/disabled-people-facing-drop-off-in-activity-as-well-as-threat-of-covid](http://www.theguardian.com/sport/2020/nov/05/disabled-people-facing-drop-off-in-activity-as-well-as-threat-of-covid)). Sadly, this impact is significant, especially for the physical and mental wellbeing of young people, threatening to become a long-term issue if not given the opportunity to return safely to activity. Torpoint YMCA caters to many young people who have been marginalised, suffering from elements of deprivation, or supporting disadvantaged families (residing in deprivation deciles 1-3). As you're probably aware, the health inequalities of activity among more deprived families have been widely reported, but we're aiming to tackle these issues with **'RE-ACTIVATE'**.

Without a suitable provision or facility, there will be a severe and long-term negative impact on health & mental wellbeing for a large number of young people (further increasing health inequalities). Therefore, Torpoint Town Councils grant will enable our most vulnerable groups to **'RE-ACTIVATE'** from March 29th, as per government guidelines.

**Who will benefit from the project and how many of those are residents of Torpoint parish?**



Young people and families across the Torpoint parish district will benefit significantly with our new **'RE-ACTIVATE'** programme of Sports and activities, who would otherwise have to travel across the ferry to Plymouth (or further afield) to gain access to these types of activities, at considerable cost to themselves...which many of our young people simply cannot afford.

Through the **'RE-ACTIVATE'** programme, we aim to deliver the following activity sessions for the benefit of community members, including:

- 1 Weekly disability sports sessions (20 people)
- 2 Weekly Trampoline sessions (30 people)
- 2 Gymnastic Sessions (30 people)
- 1 Soft Play Session (20 People)
- 2 Weekly football coaching sessions (40 people)
- 2 Weekly youth fitness sessions (40 people)
- 2 Weekly youth sports activities (60 people)
- Daily youth multi-sport activities (school holidays - 90 people)

**Total impact via Torpoint Town Council's Grant = 330 young people per week**

However, Torpoint Town Council's will create a lasting legacy from the **'RE-ACTIVATE'** project, by helping to engage even more young people and vulnerable groups to participate in activity far beyond the immediate impact, as you're providing equipment that can be used for many years to come.

#### **Why YMCA Torpoint?**

YMCA have the track record and expertise to cater for youth activity provision, especially with your funding support. Hopefully this application has highlighted our knowledge of local issues and how we intend to tackle them, both now and in the future. Therefore, Torpoint Town Council's Grant can support the YMCA create a lasting legacy of activities, reaching some of the most disenfranchised young people and community members in our town.

<b>Project costs</b> (Please provide a breakdown of the costs of the project)	<b>£</b>	<b>p</b>	<b>Funding</b>	<b>£</b>	<b>p</b>	<b>S = Secured A = Applied for (delete as applicable)</b>
Hall Hire	420.00		Enrolment payments	£1,120		
Specialised Coaches per 7 week term	350.00					
Trampoline service	500.00					
New Under 7's goals	500.00					
New Netball Posts	500.00					
New Basketball hoop nets	100.00					
Updated Sports equipment	250.00		Amount you are seeking from Torpoint Town Council	<b>1,500</b>		
<b>Total cost*</b>	<b>2,620</b>		<b>Total income*</b>	<b>£2,620</b>		

**Please note: \*The Total Cost and Total Income amounts must balance**

(e.g. Total Cost - £100; Total Income - £100)
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<b>Checklist</b> (Please make sure you have included the following with your application)	✓
Written confirmation of any match funding awarded to your project (a letter or e-mail)	
Your organisations latest set of accounts or latest bank statement	/

<b>Declaration</b>	
I declare that the information supplied in this application is true.	
I agree that, if this application is successful, any grant money received will be used for the purposes described in this form and in accordance with the terms and conditions listed below. I confirm that I am duly authorised and empowered to confirm this on behalf of the applicant group.	
Signature: K,Curtis	Date: 22/03/21
Name (Please Print): Karl Curtis	

### **Torpoint Town Council - Terms and Conditions**

1. Grants awarded must only be used to support the expenditure identified in the application, as approved, and for no other purpose.
2. Torpoint Town Council receives a report within 12 months of receipt of the grant, clearly showing that the money has been spent on the project.
3. The applicant must not use the grant for any unlawful activities, the promotion of political and/or religious activity or activities that are discriminatory on the grounds of religion, race, sex, sexual preference, age or disability.
4. Projects should not be for private profit.
5. If appropriate, the applicant must have insurance for any activity which the grant will be wholly or partly funding. This includes public liability cover at any community event.
6. Recognition of Torpoint Town Council financial support must be included on any promotional material.
7. The applicant will be required to participate in any publicity deemed appropriate by Torpoint Town Council associated with the offer of funding.