

Welcome to our fourth monthly newsletter for Torpoint Library and Community Hub. We have welcomed over 5,000 visitors into our building this November. Please read on to hear about highlights from the month and things to look forward to in December and January.

And what another busy month we have had!! We raised a whopping £306.15 for Children and Need, plus got to wear our pyjama's to work. Welcomed Armed Forces personnel and families for our support sessions with Vivo, Royal Naval Families and other organisations. Plus had a fantastic first Brew and Banter with Raleigh CIC for Veterans. We opened our doors for Armistice and supplied hot drinks and pastries from our Café Dreckley's. South West Water has visited offering money saving advice and tips. Our Friendship group enjoyed the new NHS funded singing session on the 2nd and 4th Wednesday of the month from 1-3pm. This is for anyone struggling with memory issues including dementia.



We had a fantastic weekend with all things Christmas. The switching on of the Torpoint Christmas lights included a visit from Santa who came to the library. We were lucky to have him come back the following day for our Sustainable Sunday. This included a Forest for Cornwall Tree give away where over 250 native trees were passed to local households. Torpoint Environmental Action did their wonderful repair café. Over the month we have continued to get deliveries of free vegetables and fruit from Cornwall Gleaning Network. Thank you!!



TORPOINT LIBRARY AND COMMUNITY HUB



Christmas Edition Kids Club

Wed 20th 10am-12pm Festive Treasure Hunt
Rudolph's Rhyme Time
Weds 20th 1-3pm Christmas Crafts with
Awenek (booking online)
Thursday 21st 10am-12pm Lapland Lego Club
Friday 22nd 10am-12pm Christmas Crafts

We also have festive colouring and a selection of Christmas books available throughout December.

Food Bank Donations for Christmas

We are collecting food items and advent calendars for our local foodbank to help people over the Christmas period. Please give generously if you can.



What's on in January and the New Year

Seated Pilates with Isla Sell Physiotherapy - Monday 8th January 10.30-11.30am Pay as you Feel (booking required).

Armed Forces Family and People Support - Various organisations drop-in. Tuesday 9th January 10am-12pm.

Women's Wellbeing Hope Group - Thursday 18th January for 6 weeks - 6-8pm. For all women who would like support from other women. Any issues from low mood, anxiety and health, or caring and parenting (booking required).

Cornwall Council New Waste Scheme Roadshow

Monday 22nd January 10am – 2pm and Wednesday 10th April 11am-3pm. Information about the roll-out of the new waste collection service.

South West Water Drop-in - Wednesday 24th January 09.30-11.30am. Help and support with paying water bills, money saving tips.

Help and Support - We offer a daily support service for money, health and general advice. If you are struggling come and see us or alternatively call

Cornwall Gateway helpline on 01872 266383 (8am-8pm 7 days)

Monday

Quiet Library and café.

Tuesday

1:1 Support and Benefit Checks;
09.30am-12pm (weekly)
Armed Forces Support 10am-12pm
(2nd Tues of month)
Awenek Art for Wellbeing
10am-12pm (weekly)

Wednesday

Rhyme Time 10-11am (weekly)
Friendship Group 1-3pm
(1st & 3rd Wed per Month)
Dementia Singing Group 1-3pm
(2nd & 4th Wed per month)
Police Drop-in 1st (10am) and 3rd
(1pm) Weds of Month.
LEGO CLUB 3.30-5pm

Thursday

1:1 Support and Benefit Checks
09.30am-12pm (weekly)
Knit and Natter 1-4pm Drop-in
(weekly). Brew and Banter (veterans
support, 3rd Thursday of month
10am-12pm)

Friday

Quiet Library and Café
Art Club 10am-12pm (weekly)

Sunday

Sustainable Sundays
and Repair Café
10am-2pm (Last Sunday of
Month)